Revised on September 2025 (Revision of HCMOO)

Male Hormone Cream　Category- 1　OTC medicines

GLOWMIN®　Male hormone preparation

You should read this written explanation before use. Please keep it so that you can read it when you need to.

"GLOWMIN" is an OTC medicine with, and is a product of a male hormone, testosterone, as active ingredients.Secretion of healthy male testosterone, generally strong from the secondary sexual characteristics life until about 30 years old, then it declines with age, markedly reduced from the middle of the 40s. Symptoms caused by testosterone deficiency, as male menopause, pre-senile depression and sexual function decline is frequently emerges from this time. In addition, not only due to aging, strong stress due to various causes is, it may become the cause of testosterone secretion reduction of men. This product is supplemented with secretion lack of male hormones from the skin and is the cream you can expect an improvement in the symptoms associated with the secretion deficiency.

Precautions

× When not to use the product

(If you do not follow these instructions, the current symptoms may worsen or adverse reactions/incidents are more likely to occur.)

1. This product should not be taken in the following persons.

(1) Persons who have had an allergic symptom to this drug or its ingredients.

(2) Persons who use the product before, squeeze the ointment about 5mm from tube, apply on the thin-skinned area such as inner thigh, and have any reaction such as rash, redness, itch, swelling, or similar reactions in the next day of application of the product.

(3) Persons with an androgen-dependent tumor or a person who are suspected of an androgen-dependent tumor.

(4) Persons who are or may be pregnant or lactation.

(5) Children　(Please obey the judgment of the physician.)

(6) Persons with a prostatic hypertrophy accompanied with dysuria.

(7) Persons with 2.0 ng/ml or over of prostate specific antigen (PSA) for the results of prostate examination (definite diagnosis shall be in accordance with a doctor).　※Testosterone may progress prostate tumors. Therefore, male user should be aware of the following matters:

a. The incidence of prostate tumor is growing in especially over 50 years old male, then it is necessary to undergo a prostate examination before the use of this product.

b. If the person using this product continuously, who should to undergo a periodical examination.

c. If there is an abnormality in the results of the examination, please immediately stop using this product, and consult a doctor or pharmacist.

(8) Persons who has the sleep apnea syndrome.

2. The products should not be used on the following parts:
   1) Eyes and periorbital area, mucous (oral cavity, nasal cavity etc.).
   2) Tip of penis (urethral orifice).
   3) Affected areas where injured, Eczema, contact dermatitis, Lesion with an inflammation, or purulence.
3. Do not use medications or below during use of the product:
   Medical supplies including the male hormone
4. Do not contact of the product to unintended user.
   1) After use the product, wash well your hands with soap and lukewarm water.
   2) Be careful not to contact the product to unintended user. In case of unintended contact, wash well as soon as possible.
   3) If it is possible to touch the applied area to unintended user, wash applied area well with soap and tepid water.

Consultation

1. The following persons should contact a physician, pharmacist, or registered salesperson for a consultation before administration...
   1) Persons undergoing medical treatment from a physician(s).
   2) Persons with a prostate hypertrophy without dysuria.
   3) Persons diagnosed as having the following: hypertension, kidney disease, hyperlipidemia, gallbladder disease, hypocalcemia, diabetes, hepatic function failure, systemic lupus erythematosus, migraine.
   4) Persons or their family who have experienced allergic symptoms associated with drugs.
   5) Persons who received the following diagnosis from a doctor:
      Severe heart disease, kidney disease, liver disease, hypertension or plethora.

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this product, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

Affected area	Symptoms
Skin	rash, redness, itching, swelling, blister, pimple
Others	Increased blood pressure

3. A physician or pharmacist should be consulted and being sure to take this instruction leaflet with you if there is no improvement after about one month of administration.
4. A physician or pharmacist should be consulted and being sure to take this instruction leaflet with you if there is a woman who showed a sign of virilism such as menstruation abnormality, strange voices.
5. If there are misuse, these may be adverse reactions, so immediately discontinue the use of this drug, and show this document to your physician, pharmacist, or registered salesperson for a consultation.

■Indication■

The neurasthenic symptoms of the sexual organs by the lack of male hormone secretion.

premature ejaculation, impotence, sexual desire lack, a sexual feeling decline, oneirogmus, testicles omission symptom, congenital testicles growth failure.
The hiding testicles which a gonadal hormone of pituitary gland does not work for.
Woman private parts alopecia, secretion restraint of the mother's milk.

【Definition of terms】

[Erectile disturbance] means weakening of erectile function.
[Impotence] means erectile dysfunction.
[Oneirogmus] means a symptom to ejaculate while erection is insufficient.
[Hiding testicles] means the symptoms that the testicles stop in abdomen.

■Dosage and administration■

Apply and rub well adequate amount of the product on the local area.

【Precautions】

1) Strictly follow the given dosage and administration.
2) Attention should be paid so that the medicine will not come into contact with eyes. If the medicine comes into contact with eyes, immediately rinse them with water or lukewarm water. If the symptoms are severe, seek an ophthalmologist for medical treatment.
3) Wash well your hand and fingers after application.
4) Keep applying area clean before application.
5) This product is only for external use.

■Additional information on dosage and administration (Recommendation)■

	Male	Female
Length of extrusion on a fingertip from the tube	2 cm/once	0.3cm /once
Method of use	Rub twice (morning and evening) daily. If the symptom is improved, apply once daily after the improvement.	once daily.
Site of administration	A scrotum, a chin bottom or the abdomen.	Affected area.
	Rub it into the whole of area well.	Do not rub this drug into a vagina mucous membrane.

■Active Ingredients■

Per 100g of the ointment contains the following active ingredients:

Active Ingredients	Per 100g composition	Nature
Testosterone	1 g	Male hormone

Excipients: vaseline, stearyl alcohol, glyceryl monostearate, polyoxyethylene hydrogenated castor oil 60, propylene glycol, methyl paraoxybenzoate, propyl paraoxybenzoate.

■Precautions for storage and handling■

1. Store in a cool, low humidity place away from direct sunlight.
2. Keep out of reach of children.
3. Do not transfer the product to a different container. (It may lead to misuse or alter the quality of the drug).
4. Do not use the product after the expiration date.
5. If you have too much tube of it, do not return to the original tube.

■Others■

To describe the legal labeling requirements, the container is larger than content. Therefore, some space is in there, however for quality control purpose, the nitrogen gas is charged into the container and we strictly manage the content.

— Where to call —

DAITO Pharmaceutical Co., Ltd. Healthcare customer service
URL: http://www.daito-p.co.jp/
E-mail: info@daito-p.co.jp
Phone: +81-3-3953-2836
Period of acceptance: 10:00 to 12:00, 13:00 to 16:00
(Excluding Sat., Sun., public holiday and nonbusiness day)

Produced and distributed by DAITO Pharmaceutical Co., Ltd.
624-2, Masazato-section (ARIA 207), Kawada-cho, Kofu-city, Yamanashi Prefecture, Japan